



NAME _____

DATE _____

What Do You Value?

Values are qualities or conditions that are important to a person. Complete this survey by determining what you value in yourself. Circle the appropriate number based on the importance you assign to this attribute.

	Not Important			Very Important	
1. To give 100 percent in everything I do	1	2	3	4	5
2. To be honest	1	2	3	4	5
3. To make lots of money	1	2	3	4	5
4. To be respected by my parents or guardians	1	2	3	4	5
5. To be respected by my friends	1	2	3	4	5
6. To do well in school	1	2	3	4	5
7. To do well in the activities I enjoy	1	2	3	4	5
8. To have a positive outlook	1	2	3	4	5
9. To try new things	1	2	3	4	5
10. To become a celebrity	1	2	3	4	5
11. To be healthy	1	2	3	4	5
12. To have lots of friends	1	2	3	4	5
13. To have a few friends, but ones who last a lifetime	1	2	3	4	5
14. To get the most out of every day	1	2	3	4	5
15. To learn new things	1	2	3	4	5

After completing this survey, what observations can you make about what you value?
