

S.M.A.R.T. Goals

		Service of	
What is something that yo	ou really want to do:		
What is sometimes that y	outourly want to do.		
	Siel.		
,	. 131		
${\cal S}$ (specific)			
C (-p)			
${\mathcal M}$ (measurable)			*
P			
1 (achairmhla)			
${\mathcal A}$ (acheivable)	* ' '		
${\cal R}$ (realistic)			
	•		
		9	
\mathcal{I} (timely)			
_ (
	,		