

## A Relationship Balloon Tree

A well-known proverb states, "No one is an island." This is very true. In life, we have many relationships and friendships with people who have a positive or negative influence on us. Fill in the balloons on the balloon tree with the names of family, friends, and others who have had a positive influence on you over the years and provided you with love, friendship, or lessons about life. You will use these names in the next exercise.

